

J.K. AWESOME'S

FAMILY LUNCHES

THE MENU

TO START CHOOSE FROM

- VEG STICKS -
 - MELON WEDGES -
 - SALAD POT -
 - BREAD STICKS & HUMMUS -
 - FRUIT POT -
 - FRESHLY MADE SOUP -
- (LEEK & POTATO, TOMATO OR CHICKEN & VEG)

FOR MAIN COURSE CHOOSE FROM

(BREAD, WRAP OR GLUTEN FREE ROLL)

SANDWICHES

CUMBRIAN CHICKEN
TUNA & SWEETCORN
JUST CHEESE
EGG MAYONNAISE
CHEESE SAVOURY
CARVED HAM

HOT PIZZAS

CUMBRIAN CHICKEN PIZZA
CHEESE & TOMATO PIZZA
PEPPERONI PIZZA SLICE

SALADS

CHICKEN SALAD
HAM SALAD
TUNA SALAD

JACKET POTATOES

PLAIN JACKET POTATO
JACKET POTATO WITH BEANS
JACKET POTATO WITH TUNA
JACKET POTATO WITH CHEESE

HOT MEALS

SAUSAGE, MASH & BEANS
TOMATO & BASIL PASTA BAKE

J.K. AWESOME'S

FAMILY LUNCHES

PUDDINGS CHOOSE FROM

- CHOCOLATE BROWNIE -
 - RAISIN FLAPJACK -
 - SHORTBREAD -
 - GRASMETZE GINGETZBREAD -
 - FRUIT JELLY -
 - JAM SCONE -
 - CHEESE AND CRACKERS -
 - FRUIT SALAD -
 - COOKIES -
 - DRIED FRUIT SNACK POT -
-